



**Red Lenses** from **\$25-\$35**

- Red Lenses block blue light from screens, and this helps calm down the stress response in the brain.
- Recommended if you suffer greatly from light sensitivity and/or look at screens all day.
- Available as glasses and clip ons.



**Posture Corrector** from **\$40-\$55**

- Foam rollers are used to assist in correcting upper body posture and to help reduce forward head posture and rounding of the shoulders.
- Half foam rollers available.



**Resistance Exercise Bands** from **\$10-\$20**

- Helps strengthen and rehabilitate muscles
- Provides resistance to increase muscular strength
- Bands range from light to X-Extra Firm



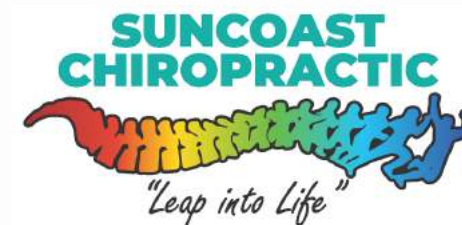
**Spiky Massage Balls** **\$11**

- Spiky Balls are excellent for massage and help relieve tension with its unique protruding modules.



**Cross Fit Balls** **\$11**

- Effective self massaging tool to relieve muscle tension in hard-to-reach trigger points.



**FIND US AT:**

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## OUR PRODUCTS

We take the time to carefully select products that work together with regular chiropractic care to help improve our clients' quality of life.

Speak with our friendly staff for more information on our products, or your Chiropractor for advice on what you require.



### SI Belt

\$65

- Gives stability to the base of the spine, so strength is increased throughout the back, hips, and legs, and chances of injury are lessened considerably during work or play.
- Belts range from S - XL

Check out our range of oral liquid, vitamin, mineral supplements

### Magnesium 50ml \$70 200ml \$130

- Magnesium is an electrolyte and cofactor to over 300 enzymes that modulate many biochemical functions in your body, such as regulating your heartbeat rhythm and controlling neurotransmitters needed to help cells communicate.
- Available in a 50 ml & 200 ml bottle.

### Vitamin D3 Solution \$60

- Circulates in the bloodstream to help in the absorption of calcium and phosphorous.
- Builds and strengthens teeth and bone mass and is vital for bone development and growth.

### Micro Minerals Solution \$70

- Contains Zinc, Boron, Manganese, Molybdenum, Selenium, Chromium and Iodine.

### Zinc Solution \$52

- Supports the immune system and aids with healthy digestion, nerve function, and metabolism.

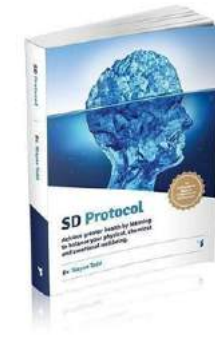


Liquid supplements are easily digestible as opposed to capsules/tablets as bioavailability is much more prevalent and are absorbed into the bloodstream soon after ingestion.



### ProloGel Neurotherapy Formula \$85

- Intended to provide rapid relief by supporting normal nerve function, rather than by temporarily "blocking" or masking nerve signals (e.g. by cooling, warming or stinging in the area, produced by common, over-the-counter products.)



### SD Protocol \$35

- Links the gut, posture and hormone system with the nervous system to create an easy-to-follow template for living a healthier life.
- Developed from over 30 years in clinical practice by Dr. Wayne Todd (B.App.Hsci Chiro).